
MONTHLY OFFERINGS

Each month we offer two regular contemplative programs — the music of Hildegard of Bingen and a day of prayer. The suggested offering for each is \$20. Participants in the day of prayer may order a deli sandwich for an additional cost.

Tuesdays, 7 p.m. – 8:30 p.m.

Through the Ear to the Heart:
Music of Hildegard of Bingen, led by Devi Mathieu.

This gentle, contemplative practice of listening and singing the music of Hildegard requires no previous experience with the music of Hildegard or with medieval music.

January 21	February 11	March 11
April 22	May 13	September 9
October 14	November 11	December 2

DAYS OF PRAYER

Wednesdays, 9:30 a.m. – 2:15 p.m.

Throughout the year various guest presenters will guide these quiet, contemplative Days of Prayer. Generally the day includes Eucharist at 1:15 p.m.

January 22	Arthur Poulin, OSB Cam
February 12	Joe Nassal, CPPS
March 12	Marietta Fahey, SHF
April 16	Margaret Diener, OP
May 14	Joe Nassal, CPPS
September 10	Patricia Bruno, OP
October 15	Marietta Fahey, SHF
November 12	Ivan Nicolletto, OSB Cam.
December 3	Barbara Green, OP

Suggested offering: \$20



PERSONAL RETREAT DAYS

Often individuals enjoy taking private retreat time for prayer and reflection. Those interested in scheduling personal time are welcome to contact the Center to check on availability. Reservations for open dates with a non-refundable deposit of \$25/night are required two weeks in advance of the individual retreat days requested.

Fee: \$75/night, includes light breakfast only

THE WAY OF HAND PAPERMAKING

Saturdays 10:30 a.m. – 2:30 p.m. by appointment

“Where self and nature reconnect...”

...in shared silence

A contemplative day of hand papermaking from natural fibers with papermaker **Harriet Hope**. Space for each session is limited. Please contact Harriet Hope at 415.259.9440 or hhope24@gmail.com.

Fee: \$60, includes materials and Japanese bento box lunch

FLOWER ARRANGING AS A MEDITATIVE ART

Saturdays 1 p.m. – 5 p.m. by appointment

Join Santa Sabina's own **Lynn Baker** in an afternoon of flower arranging as a meditative art. Lynn is responsible for the gift of flowers that greet visitors to the Center. Participants will learn the aspects of creating their own arrangements and enhancing their gardens. Call 415.457.7727 for more information.

Fee: \$60, includes materials

If you would like to receive our news or program information, please send your email address to info@santasabinacenter.org. We will be delighted to add you to our email list.

Santa Sabina Center

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Santa Sabina Center

Program 2014



Fostering Contemplative Ways of Being

SPRING 2014

February 20 – 23, 2014

A Weekend Retreat with Julian of Norwich

A Weekend Retreat with Julian of Norwich led by **Veronica Mary Rolf**, author of *Julian's Gospel: Illuminating the Life and Revelations of Julian of Norwich* (Orbis Books, 2013). Julian of Norwich lived in fourteenth century England at a time of devastating wars, plagues, poverty, peasant revolts, and religious persecution. No stranger to great personal suffering, spiritual conflict, and doubt, Julian became deathly ill at the age of thirty, and was given extra-ordinary visions of Christ on the cross. She recovered fully to write her very personal account of Christ's Revelations of Divine Love. Thomas Merton called Julian "one of the most wonderful of all Christian voices" and "the greatest English theologian." Yet her words remained virtually unknown for six hundred years, until the twentieth century.

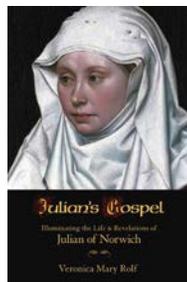
Today, Julian has become one of the most beloved of all mystics. Her voice resonates across the ages, speaking to us of the unconditional love and mercy of God with a passion that is irresistible. It is a voice we need to hear.

Julian's retreat allows one to enter deeply into the rich layers of her Revelations and to integrate her profound insights into one's own spiritual life. All the guided meditations are based entirely on Julian's words and inspired teachings. These are selected to create a very personal experience of God's unconditional love, mercy and grace.

About Veronica Mary Rolf

Veronica Mary Rolf is an independent medieval scholar, teacher of meditation and retreat leader who has brought Julian to life in her newly released book on Julian.

Fee: \$400, includes lodging, meals and retreat presentations.



SUMMER 2014

August 4 – 10, 2014

Choosing Life: Seeking to Renew One's Life of Prayer

We invite you to join **Kieran Healy, OP**, in a week-long contemplative retreat in the Dominican tradition. Spiritual masters suggest by their lives and teachings that the highest achievement in life is to be found in allowing our sense of God to find practical expression in our lives of service, love and praise. Retreatants will have the opportunity to reflect on prayer sources, as well as the energy, rest and balance that lead to a fruitful life of prayer. Santa Sabina provides a perfect setting to respond to this invitation to refocus one's life of prayer around beauty, friendship, compassion and praise. These elements will characterize the sessions of the retreat. Kieran Healy, OP, is a friar of the Western Province of Dominicans and currently leads retreats and days of prayer at St. Benedict Lodge, a Dominican Retreat and Conference Center in Oregon.

Fee: \$600, includes food, lodging, retreat presentations and materials.

AUTUMN 2014

October 9 – 12, 2014

You Must Revise Your Life:

Finding and Founding Peace in the Spirit of William Stafford

A writing retreat with poet/teacher **Kim Stafford**. A centennial year of the poet William Stafford's birth—and the centennial of the Great War's beginning—we will seek our own seeds of peace by reading and writing in the spirit of Stafford's work. His books about nonviolence, *Every War Has Two Losers* and *Down in My Heart*, together with his new poetry collection *Ask Me: 100 Essential Poems* will guide our writing, as we search to find peace in ourselves as a prelude to witness for peace in the world.

About Kim Stafford

Preceding Kim Stafford's retreat at the Center, he will again be poet in residence at Dominican University as we commemorate the Stafford Centenary/100 Years of Poets for Peace with a series of events for the fall of 2014. Watch both the Santa Sabina Center and the Dominican University websites for public event details.

Fee: \$450, includes lodging, meals and retreat presentations.



Limited scholarship assistance is available for retreats.

ADVENT RETREAT 2014

December 4 – 7, 2014

The Groaning of God and of Creation

An Advent Retreat with **Ivan Nicoletto**, OSB Cam. Both God and Creation are involved in the labor pains of a birth (Rm 8:22-23). Both need a place to be born. How do we generate the Divine, and are generated by the Divine? In the course of this retreat we will experience a journey of birthing with the assistance of caring midwives: scriptures, arts, mystics, and Nature. A rhythm of reflection, silence, and sharing will accompany this re-generative weekend.

Fee: \$400, includes food, lodging and retreat presentations.



CONTEMPLATIVE CONCERT SERIES

Enter into the hidden beauty of Santa Sabina's inner cloister garden and neo-Gothic chapel for a unique musical and artistic experience. The contemplative concert series is designed to feature the intersection of the arts in service of celebrating beauty and the sacred. The series features Bay Area musicians who are nationally or internationally recognized.

Every concert is followed by a garden reception providing an opportunity to meet the musicians. The Center is fully handicap accessible and parking is available. See full details on our website.

Suggested offering: \$20

Sunday, February 2, 2014, 3 p.m.

Brush Tango with MusicAeterna

Sunday, April 6, 2014, 3 p.m.

The Contemplative World of Robert Lax through Poetry, Music and Dance
Jacqueline Chew and Ensemble

Fall 2014 concerts will be announced on our website as dates and artists are confirmed.